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CLIENT INTAKE & ASSESSMENT FORM

Please provide the following information, and answer the questions below. Please note: Information you provide here is protected as confidential information.

Please fill out this form, and bring it to your first session.

Name:

(Last) (First) (Middle Initial)	
Name of parent/guardian (if under 18 years):	
(Last) (First) (Middle Initial)	
Birth Date: / Age:	Gender:
Sexual Orientation:	
Marital Status:	
\square Never Married \square Domestic Partnership \square M	arried
Please list any children/age:	
Address:	
(Street and Number)	
(City) (State) (Zip)	
Preferred Phone:	May I leave a message? □ Yes □ No
Other Phone:	May I leave a message? □ Yes □ No
E-mail:	May I email you? □ Yes □ No

*Please note: Email correspondence is not considered to be a confidential medium of communication.

Referred by (if any): _____

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?

 \square No \square Yes, previous the rapist/practitioner:

Are you currently taking any prescription medication?

Yes
No

Please list, and describe their use:

Have you ever been prescribed psychiatric medication?
□ Yes □ No

Please list and provide dates:

GENERAL HEALTH AND MENTAL HEALTH INFORMATION

1. How would you rate your current physical health? (please circle)

Poor	Unsatisfactory	Satisfactory	Good	Very good
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Please list any specific health problems you are currently experiencing:

2. How would you rate your current sleeping habits? (please circle)							
Poor	Unsatisfactory	Satisfactory	Good	Very good			
Please list any specific sleep problems you are currently experiencing:							
3. How many times per week do you generally exercise? What types of exercise to you participate in							

4. Please list any difficulties you experience with your appetite or eating patterns

5. Are you currently experiencing overwhelming sadness, grief or depression? \square No \square Yes
If yes, for approximately how long?
6. Are you currently experiencing anxiety, panic attacks or have any phobias? □ No □ Yes
If yes, when did you begin experiencing this?
7. Have you ever had any serious thoughts of suicide or homicide? \square No \square Yes
8. Have you ever attempted suicide or homicide? \square No \square Yes
9. Do you currently feel suicidal or homicidal? □ No □ Yes
10. Have you experienced physical and/or sexual abuse? \square No \square Yes
If yes, by whom? When?
11. Are you currently experiencing any chronic pain? □ No □ Yes
If yes, please describe
12. Do you drink alcohol more than once a week? \Box No \Box Yes
13. How often do you engage recreational drug use?
□ Daily □ Weekly □ Monthly □ Infrequently □ Never
14. Do you feel as though you have an effective social support system? \square No \square Yes
Please describe:
15. Are you currently in a romantic relationship? □ No □ Yes
If yes, for how long?
On a scale of 1-10, how would you rate your relationship?
16. What significant life changes or stressful events have you experienced recently:

FAMILY MENTAL HEALTH HISTORY:

Place of Birth:

Ethnic Background: _____

Are you adopted? \Box No \Box Yes

In the section below, identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

	Please Circle	List Family Member
Alcohol/Substance Abuse	yes/no	
Anxiety Depression	yes/no	
Domestic Violence	yes/no	
Eating Disorders	yes/no	
Obesity	yes/no	
Obsessive Compulsive Behavior	yes/no	
Schizophrenia	yes/no	
Suicide Attempts	yes/no	
Completed Suicide	yes/no	
Homicide	yes/no	

ADDITIONAL INFORMATION:

1. Are you currently employed/enrolled in school?

No
Yes

If yes, what is your current employment/education situation:

Do you enjoy your work/school?
□ No □ Yes

Is there anything stressful about your current work/school?

What is your highest degree of education?

□ High School □ G.E.D □ College Degree □ Advanced Degree

2. Do you consider yourself to be spiritual or religious? \square No \square Yes

If yes, describe your faith or belief:

3. What do you consider to be some of your strengths?

4. What do you consider to be some of your coping skills?

5. What do you consider to be some of your weaknesses?

6. What would you like to accomplish out of your time in therapy?